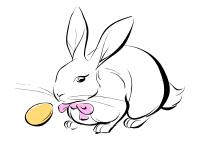


Senior Activity Center at Leesburg RIL 2011

Open Monday—Friday

8:30am—5:00pm



Monday

Tuesday

Wednesday

Thursday

Friday

2011 Art Exhibit

Monday, April 4th 10:30am-2pm

Meet this talented group of artist and enjoy their creations.



Light refreshments served

Thrift Store Shopping

Wed. April 6th 12:45pm

Bus trip to **Resourceful Woman** in Leesburg

Dance To The Music of Frank and Dean

Mon., April 18 12:30pm \$3.00/ RR Dance to recorded

music of Frank Sinatra and Dean Martin.

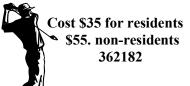


Reminisce with a Live **Performance** from Peggy and Dean.

Loudoun Vintage Golf

Senior Golf League that plays on Mondays starting April 4th until the end of Oct.

For more info. Call Dan McNiel 540-338-7603 dan.mcniel@loudoun.gov



1 First Friday Fun!

8:30am Table Tennis 9:00am Coffee Chat 9:00am Crochet Club 9:00am Stitch'n B Club 9:30am Spanish Workshop 10:30am First Friday Fun

12 noon Lunch-RR-Donation

12:45pm Bingo with Gail 12:45pm Pinochle 1:00pm Loudoun Bridge Buffs 2:00pm Wii and Popcorn

4 Art Exhibit

9:00am Sewing & Stitch-in 10:30am Art Exhibition

10:30am Bid Whist

10:30am Giant Crossword Puzzle 10:45am Tai Chi with Sucha

12 noon Lunch-RR-Donation

12:30pm Stretch & Tone

12:45pm Pinochle & Mahjongg

1:00pm Bowling

2:00pm Rummikub

Dinner Out

9:00am Beginners Bridge RR

9:00am Coffee Chat 10:00am Texas Hold'em

10:00am Beginners Spanish RR 10:00am Euchre

10:30am Yoga with Nargis

12 noon Lunch-RR-Donation

12:30pm Shopping at Target 1:00pm Party Bridge

1:00pm Wii Bowling League 5:00pm Dinner out at **Olive Gardent RR**

Inova Van



9:00am Inova Health Van 9:30am Zumba Gold RR 10:00am Internet Comp. Basic RR 10:30am Hearing Aid Help 10:30am Bible Study w/ Bill 12 noon Lunch-RR-Donation 12:45pm Bus to Resourceful Woman Store in Leesburg 1:00pm Line Dancing 2:00pm Social Dance

Advisory Board

9:00am Coffee Chat 9:30am Yoga and Laughter 10:00am Texas Hold'em 10:00am Goose Creek Bridge 10:30am Euchre 11:00am Stretch & Tone w/ Mary

12 noon Lunch-RR-Donation 12:30pm Mahjongg & Pinochle 2:00pm Leesburg Senior

Activity Center Advisory Board Meeting

8

8:30am Table Tennis 9:00am Coffee Chat 9:00am Crochet Club 9:00am Stitch'n B Club 9:30am Spanish Workshop 12 noon Lunch-RR-Donation

12:45pm Bingo with Gail 12:45pm Pinochle 1:00pm Loudoun Bridge Buffs

2:00pm Wii and Popcorn 8:00pm Beaux & Belles-Let's Dance

11 Lunchtime Music

9:00am Sewing & Stitch-in 9:30am Investors Discussion

10:30am Bid Whist 10:30am Giant Crossword Puzzle

10:45am Tai Chi with Sucha 12:00pm Lunchtime Music with **Dan Chutes**

12 noon Lunch-RR-Donation

12:30pm Stretch & Tone 12:45pm Pinochle & Mahjongg

1:00pm Bowling

1:00pm Art Studio

2:00pm Rummikub

12

9:00am Coffee Chat 9:00am Beginners Bridge RR

10:00am Euchre 10:00am Texas Hold'em

10:00am Beginners Spanish RR 10:30am Yoga with Nargis

12 noon Lunch-RR-Donation 12:30pm Shopping at Marshalls

1:00pm Party Bridge 1:00pm Wii Bowling League

13 Book Club

9:00am Coffee Chat 9:30am Zumba Gold RR

10:00am Book Club 10:00am Internet Comp. Basic RR

10:30am Bible Study w/ Bill 12 noon Lunch-RR-Donation

1:00pm Line Dancing 2:00pm Social Dance

14 Diabetes Support Plant Propagation

9:00am Coffee Chat 9:30am Yoga and Laughter 10:00am Texas Hold'em 10:00am Goose Creek Bridge 10:30am Euchre

11:00am Stretch & Tone w/ Mary 11:00am Diabetes Support 12 noon Lunch-RR-Donation

12:30pm Mahjongg & Pinochle 1:00pm Plant Propagation RR 1:30pm Chess Club

15 quest Speaker

8:30am Table Tennis 9:00am Coffee Chat

9:00am Crochet Club 9:00am Stitch'n B Club

9:00am Ceramics

9:30am Spanish Workshop

10:30am Guest Speaker—

Arthritis Info Session

12 noon Lunch-RR-Donation

12:45pm Bingo with Gail

12:45pm Pinochle

1:00pm Loudoun Bridge Buffs 2:00pm Wii and Popcorn

18 Dance to the

Music

9:00am Coffee Chat 9:00am Sewing & Stitch-in

9:00am Ceramics 9:00am Computer Assistance

10:45am Tai Chi with Sucha

12 noon Lunch-RR-Donation 12:30pm Dance to the Music RR

10:30am Bid Whist

12:45pm Pinochle & Mahjongg

1:00pm Bowling 1:00pm Art Studio

2:00pm Rummikub

19

9:00am Coffee Chat 10:00am Euchre

12 noon Lunch-RR-Donation 12:30pm Shopping at Wegmans 1:00pm Party Bridge 1:00pm Wii Bowling League

20 Guest Speaker April B-Day

9:00am Coffee Chat 9:30am Zumba Gold RR 10:00am Internet Comp. Basic RR 10:30am Guest Speaker-**Medicare Info Session RR** 10:30am Bible Study w/ Bill 12 noon Lunch-RR-Donation

12:30pm April B-day Party RR 1:00pm Line Dancing 2:00pm Social Dance

21 Lunch Bunch Chess Club

9:00am Coffee Chat 9:30am Yoga and Laughter 10:00am Texas Hold'em 10:00am Goose Creek Bridge 10:30am Euchre 11:00am Stretch & Tone w/ Mary

11:00am Lunch Bunch—RR

Moes Southwest Grill 12 noon Lunch-RR-Donation 12:30pm Mahjongg & Pinochle 1:30pm Chess Club 6:30pm Caregiver Phone Support

22

8:30am Table Tennis 9:00am Coffee Chat 9:00am Crochet Club 9:00am Stitch'n B Club 9:00am Ceramics

9:30am Spanish Workshop 12 noon Lunch-RR-Donation

12:45pm Bingo with Gail 12:45pm Pinochle 1:00pm Loudoun Bridge Buffs 2:00pm Wii and Popcorn

8:00pm Beaux & Belles-Clubs 52nd Anniversary Dance Guest Caller

25 WHITE ELEPHANT

9:00am Sewing & Stitch-in 9:00am Ceramics

9:00am Coffee Chat 9:00am Computer Assistance

9:30am Investors Discussion

10:30am Bid Whist 10:30am Giant Crossword Puzzle 10:45am Tai Chi with Sucha

12 noon Lunch-RR-Donation 12:30pm White Elephant Bingo

12:45pm Pinochle & Mahjongg 1:00pm Art Studio

1:00pm Bowling 2:00pm Rummikub

26

9:00am Coffee Chat

10:00am Beginners Spanish RR

12 noon Lunch-RR-Donation

12:30pm Shopping at Wal-Mart

1:00pm Wii Bowling League

10:00am Texas Hold'em

1:00pm Party Bridge

10:30am Yoga with Nargis

10:00am Euchre

10:00am Beginners Spanish RR 10:00am Texas Hold'em 10:30am Yoga with Nargis

27 History Class

9:00am Coffee Chat 9:30am Zumba Gold RR 10:00am Internet Comp. Basic RR 10:00am Guest Speaker-History Class RR

10:30am Current Events 10:30am Bible Study w/ Bill 12 noon Lunch-RR-Donation 1:00pm Line Dancing 2:00pm Social Dance

28

Plant Propagation

9:00am Coffee Chat 9:30am Yoga and Laughter 10:00am Texas Hold'em 10:00am Goose Creek Bridge 10:30am Euchre 11:00am Stretch & Tone w/ Mary 12 noon Lunch-RR-Donation 12:30pm Mahjongg & Pinochle

1:00pm Plant Propagation RR

29

8:30am Table Tennis 9:00am Coffee Chat 9:00am Crochet Club 9:00am Stitch'n B Club 9:00am Ceramics 9:30am Spanish Workshop 12 noon Lunch-RR-Donation 12:45pm Bingo with Gail 12:45pm Pinochle 1:00pm Loudoun Bridge Buffs 2:00pm Wii and Popcorn

RR—Reservations Required